GROWTH MINDSET

At the Learning Technologies Exhibition 2019 Virtual College launched an interactive growth mindset survey to see which mindset individuals in the L&D world had.
Here are the results...

40% OF RESPONDENTS

had a growth mindset

A growth mindset is one in which an individual believes they have the capability to constantly learn and adapt, that their brain is malleable and knowledge can be continuously sought and new skills developed.

20% OF RESPONDENTS

had a fixed mindset

Individuals with a fixed mindset believe their basic qualities, like their intelligence or talent, are simply fixed traits. They spend their time documenting their intelligence or talent instead of developing it.

At Virtual College we believe with the right support and learning programmes everyone can develop their talents and increase knowledge.

40% OF RESPONDENTS

had a mixed mindset

Nearly half of those surveyed were somewhere in the middle - they displayed tendencies of both a fixed and a growth mindset.

Similar to those with a fixed mindset individuals in this category can also be supported to follow their growth mindset more.

52% OF RESPONDENTS

wanted to learn from constructive feedback

52% of individuals said even after they'd completed a project that they are proud of, they would benefit from receiving feedback to see if there were any areas in which they could improve.

Giving and receiving feedback is crucial in order to help employees develop. Learning from feedback is a great way to help develop a growth mindset.

66% OF RESPONDENTS

would take on a challenge

We asked what your immediate response would be if you were faced with a 'brand new and challenging task' 66% of respondents said they would be willing to give it a go.

Give employees in your organisation new tasks and encourage teams to work on new projects to increase knowledge and skills.

59% OF RESPONDENTS

said colleagues should share best practice to learn from each others successes

Teams can only grow if experience and best practice is shared - it's important to encourage an open and collaborative culture and embed this within your learning programme.

To discuss the results of our survey and to see how Virtual College can support your organisations learning and development programme contact us on hello@virtual-college.co.uk